



BSA INDOOR SOCCER GENERAL INFORMATION

SEASON

1. For 2010, the season will begin on Sunday, January 10 and end on Sunday, March 14. January 17 and February 7 (Super Bowl Sunday) will be off weeks for all teams. Detailed team schedules will be distributed no later than one week before the scheduled start of the season.
2. There will be a 10 minute warm-up period before every game. Games will be comprised of four 12 minute quarters with 5 minutes between each quarter.
3. If a game begins late, the playing time will be reduced so that it ends on time.

PLAYER EQUIPMENT

1. Team tee shirts will be distributed immediately before the first game of the season and must be worn to every game. Shirts must be tucked in.
2. Shin guards and full-length soccer socks are **mandatory**. No exceptions will be made.
3. Soft knee guards are encouraged for goalkeepers only, but they are not mandatory.
4. Mouth guards are encouraged for all players.
5. **Dry** sneakers or tennis shoes are acceptable for footwear, but indoor soccer shoes are encouraged. No outdoor cleats or turf shoes will be permitted.
6. For safety reasons, players are encouraged to wear soccer shorts. Other shorts are permitted as long as they do not contain metal (e.g. zippers, buttons, buckles, etc.). Sweatpants are also acceptable.
7. All jewelry is strictly prohibited. A player may wear a Medic Alert bracelet provided it is properly taped.
8. Casts or braces may be worn provided they are properly padded and do not present a danger to that player or any other player and are cleared by the referee and/or ranking BSA representative on site.

FACILITIES

1. Please respect the facilities provided by the Bellefonte Area School District. Our winter indoor program would not be possible without their generosity.
2. Do not wear your playing shoes into the building. Please carry playing shoes to your game and plan on changing when you arrive. Arrive early enough to allow time for this.
3. No snacks are permitted in the gymnasium at any time. Each player may bring a water bottle to the game.
4. Spectators may not congregate at the gymnasium doors. Referees and coaches will enforce this. All doors are closed while the game is in progress. Players should sit with their coaches when not playing.